

CLASS DESCRIPTIONS



DUVALL PERFORMING ARTS

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YOUNG ONES PROGRAM

TINY TUTUS – ages 2–3 yrs.

This is for toddlers who want to play, dance, & move to music! It enhances large motor skills and body awareness. *This is not a Mommy & Me class, it is for toddlers who are ready for a 30 minute class without a parent.*

CREATIVE MOVEMENT/TAP

An imaginative introduction to dance, music, & rhythm. This class introduces ballet and tap movements. Strength, flexibility, & balance develop through skipping, leaping, & galloping!

CM A – ages 3-4 yrs. (45 min/week)

CM B – ages 4-5 yrs. (45 min/week)

PRE BALLET – ages 5–7 yrs.

Introduction to classical ballet, with ballet vocabulary & movement patterns. Encouraging creativity, body flexibility and self-confidence through dance.

YOUTH DIVISION

BALLET 1 – ages 7–8 yrs.

Building basic ballet technique and expanding ballet vocabulary. Growing in flexibility, strength, & discipline.

Level 1A – beginners (1 hr/week)

Level 1B – some prior experience (1 hr/week)

BALLET 2 – ages 9–10 yrs.

Building ballet technique and skills. Higher level of sequencing, turns & allegro (jumps) is introduced. Ballet 2 students are strongly encouraged to also take Jazz 2.

Level 2A – Ballet 2 (2 hrs/week)

Level 2B – Ballet 2 + Jazz 2 (3 hrs/week)

BALLET 3 – ages 10–11 yrs.

Building ballet technique and skills to a higher degree. Ballet 3 students are required to take Jazz 3. Pre-pointe is recommended, but requires teacher placement. Students will benefit from specific muscle development to go on pointe.

Level 3A – Ballet 3 + Jazz 3 (3 hrs/week)

Level 3B – Ballet 3 + Jazz 3 + Pre-Pointe (4 hrs/week) *teacher placement for pre-pointe readiness

ADVANCED DIVISION

BALLET 4 – ages 11–13 yrs. *teacher placement

Students who want to take Ballet 4 must meet age requirements *and* skill requirements. Ballet 4 students must also take Contemporary 4 and Conditioning (designed to reduce dance-related injuries).

Level 4 Pointe Focus – Ballet 4 + Pointe 4 + Contemporary 4 + Conditioning 4/5 (6 hrs/week)

Level 4 Jazz Focus – Ballet 4 + Jazz 4 + Contemporary 4 + Conditioning 4/5 (6.25 hrs/week)

Level 4 Pointe & Jazz Focus – Ballet 4 + Pointe 4 + Jazz 4 + Contemporary 4 + Conditioning 4/5 (7.25 hrs/week)

BALLET 5 – ages 12+ yrs. *teacher placement

Students who want to take Ballet 5 must meet age requirements *and* skill requirements. Ballet 5 students must also take Musical Theater/Jazz, Contemporary 5, & Conditioning. *Pointe and Variations are optional.*

Level 5 Pointe Focus – Ballet 5 + Pointe 5 + Pointe5/Partnering + Contemporary 5 + Conditioning 4/5 (7.25hrs/wk)

Level 5 Jazz Focus – Ballet 5 + Jazz 5 + Jazz/Funk Combo + Contemporary 5 + Conditioning 4/5 (7.75hrs/wk)

Level 5 Pointe & Jazz Focus – Ballet 5 + Pointe 5 + Pointe 5/Partnering + Jazz 5 + Jazz/Funk Combo + Contemporary 5 + Conditioning 4/5 (9.75 hrs/week)

PERFORMANCE DIVISION

Advanced performing group for levels 4-5, minimum 6hrs/week required to qualify for PD. Extra performance opportunities including a mid-winter production in Jan/Feb each year. **(3 hrs/week + weekend rehearsals)** *teacher placement

ADDITIONAL CLASSES

ACRO

A new style added to the dance world! A blend of gymnastics & dance techniques with unique choreography. This class will help dancers develop core strength, balance, and flexibility. Gymnastics background a plus, but not required.

Level 1 - Ages 5-7 yrs. (1 hr/week)

Level 2 - Ages 8-11 yrs. (1 hr/week)

POM

This high energy class will focus on sharp, synchronized dance movements and will incorporate visual effects using Poms. Routines will include jumps, leaps and turns; we will create fun and dynamic routines. **Ages 8-12**

CONTEMPORARY *required for Ballet 4 & Ballet 5 students

This is an expressive style of dance that combines elements of modern, jazz, lyrical, and classical ballet. It is a required class for our Ballet level 4 & 5 students, but is *open to any students who meet age requirements.*

Contemporary 4 - ages 11+ yrs. (1 hr/week)

Contemporary 5 - ages 12+ yrs. (1.25 hrs/week) *teacher placement

JAZZ

With a strong technical foundation, Jazz is a dance style most often seen in movies, TV, concerts, and on Broadway. Jazz reflects pop culture while helping to broaden a dancer's versatility. Students will build flexibility, strength, and style. *Each level is open to any students who meet age requirements.* **(1 hr/week)**

Level 1 - ages 7-9 yrs.

Level 2 - ages 9-10 yrs. *required for Ballet 2 students

Level 3 - ages 10-11 yrs. *required for Ballet 3 students

Level 4 and 5 Teacher Placement

MUSICAL THEATRE JAZZ- Middle School and High School (1 hr/week)

This class teaches students how to communicate characters and stories through their body expression, dance movements, and improvisation. *Open to any students who meet age requirements and who have taken prior jazz or musical theater classes.* It combines musical theatre style dance with Jazz using advanced rhythms and fast pacing. *(no vocals - dance only)*

TAP

A fun & energetic class focusing on classical & modern tap technique. Dancers will focus on musicality, clarity, speed, & technique. Each level builds on the previous level, developing accuracy and speed. Our littlest tappers start with Jazz rhythms then move to Tap, making it one of our most popular classes! **(1 hr/week)**

Littlest Tappers (Jazz/Tap) - ages 5-7 yrs.

Tap 1 - ages 7-10 yrs.

Tap 2 - ages 10+ yrs.

Tap 3 - ages 12+ yrs. *teacher placement **Tap 4 - 12+ yrs** teacher placement

HIP HOP

These are high-energy classes incorporating street dancing & improvisation, with new combinations introduced regularly and built upon. Instructors use current dance styles seen in music videos, concerts, and the LA dance scene. **(1 hr/week)**

Hip Hop Minions - ages 5-7 yrs.

Li'l Boys Hip Hop - ages 6-8 yrs.

Hip Hop 1 - ages 7-9 yrs.

Hip Hop 3 - ages 9-11 yrs. *(must have taken Hip Hop 2)*

Hip Hop 2 - ages 9-11 yrs.

Hip Hop 4 - ages 12+ yrs.

OPEN PROGRAM

Our Open Program is designed for dancers who prefer to take class in a more relaxed environment. These classes are not part of our recital productions. All classes meet 1 hr/week. Additional classes available upon request *(minimum 6 students).*

Adult/Teen TAP - ages 15+ yrs.

Open Musical Theatre Jazz (Middle School)

Open Teen BALLET - ages 12+ yrs.

Open Musical Theatre Jazz (High School)